

Chocolate Coconut Almond Bliss Smoothie Recipe



PREP TIME:
5 MINUTES

BLEND TIME:
1 MINUTE

TOTAL TIME:
6 MINUTES

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Recipe type: Gluten Free / Dairy Free / Vegan

Yield: 1 Serving

Ingredients:

- 1 Cup Ice
- 1 Cup Unsweetened Refrigerated Coconut Milk (may need ½ cup more based on desired consistency)
- 1 Scoop/Serving Organic Vegan Vanilla Protein
- 1 Tablespoon Raw Almonds
- 1 TBSP Chia Seeds
- 1 TBSP Ground Flax Seeds
- 1 TBSP Cacao Powder
- 1 TBSP Coconut Cream
- 1 Teaspoon Cacao Butter
- 1 Scoop/Serving Collagen
- 1 Medjool Date
- 1 Tablespoon Almond Butter (to drizzle on top)
- **Optional:** 1 Teaspoon Cacao Nibs as a topping

Instructions:

1. In a single-serve blender add ice and then milk.
2. Add remaining ingredients.
3. Blend on high for about 20-30 seconds. Can blend longer for creamier smoothie. Pour into glass and enjoy.

***Try and use all organic ingredients if possible.**