

Homemade Coconut Milk



PREP TIME:
1 MINUTES

BLEND TIME:
2 MINUTES

TOTAL TIME:
3 MINUTES

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Recipe type: Gluten Free / Dairy Free / Vegan

Yield: 4-6 Servings

Ingredients:

- 1 13.5 oz Can Organic Unsweetened Coconut Milk (*I used "No Guar added" Native Forest brand*)
- 4 Cups Filtered Water
- ***Optional: 1 teaspoon Pure Vanilla Extract***

Instructions:

1. In a large capacity blender – add contents of coconut milk can and 4 cups of filtered water.
2. Blend on medium to high speed for 2 minutes.
3. Transfer to a 40 oz. BPA free container and store in refrigerator up to 1 week.
4. ***Optional:*** Add 1 teaspoon Pure Vanilla Extract.

***Try and use all organic ingredients if possible.**

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