

Peanut Butter Chocolate Mousse Shopping List

13.5 oz Can Full Fat Coconut Milk



Unsweetened **Peanut Butter**



Medjool Dates



Pure Vanilla **Extract**



Monkfruit Confectioners Sweetener **ChristiHealthCoach.com**



Unsweetened Cocoa Powder



Organic Chia Seeds



Unsweetened Coconut Cream

