



Black & White Super Smoothie Shopping List

☐ Dairy Free Milk



☐ Vegan Vanilla Protein



☐ Chia Seeds



☐ Flax Seeds



☐ Medjool Dates



☐ Cacao Nibs

☐ OMG! Immunity Super Food Blend Powder



Or

☐ Cacao Powder



☐ Coconut Cream



☐ Collagen Powder



Optional Toppings: Cacao Nibs