Fruity Coconut Parfait



PREP TIME: 5 MINUTES

COOK TIME:

TOTAL TIME: 5 MINUTES

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Recipe type: Gluten Free / Dairy Free / Vegan

Yield: 1 Serving

Ingredients:

- 6 oz. Container of Cocolune Coconut Yogurt or Try This Homemade Recipe
- 4 TBSP <u>Chia Pudding</u>
- 5 Organic Raspberries
- 2-3 Sliced Organic Strawberries
- 1/3 Cup Organic Blueberries
- 1/3 Cup Organic GF Granola (recommend Purely Elizabeth or This Homemade Recipe)

Instructions:

- 1. In a glass parfait dish (or wine glass), scoop out half the yogurt on bottom.
- 2. Next add 2 TBSP of chia pudding.
- 3. Add $\frac{1}{2}$ of the granola.
- 4. Layer with desired fruit.
- 5. Repeat layer and ENJOY!

*Try and use all organic ingredients if possible.

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