

Peanut Butter Fruit Dip



PREP TIME:
5 MINUTES

TOTAL TIME:
5 MINUTES

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Recipe type: Gluten Free / Dairy Free / Vegan

Yield: 10-12 Servings

Ingredients:

- 1 Cup Organic Coconut Cream
- ½ Teaspoon Pure Vanilla Extract
- ½ Cup Unsweetened Peanut Butter
- 2 TBSP Organic Maple Syrup
- Dash Himalayan Sea Salt
- **Optional Fruit for Dipping:** Strawberries | Pineapple | Grapes | Bananas | Cantaloupe | Apples

Instructions:

1. For the coconut cream, use mostly the solid portion – can add an additional TBSP of the coconut cream liquid from can.
2. Add all ingredients into a small food processor. Blend until completely smooth. May need to add some of the liquid from the coconut cream can for thinner consistency. Alter to your desired consistency.
3. Serve with fruit – can skewer fruit or serve on platter for dipping.
***Warning:** Highly addictive – portion out to control serving sizes. 😊

***Try and use all organic ingredients if possible.**

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