

Clean Chicken Salad



5min

PREP TIME:

10 MINUTES

COOK TIME:

0 MINUTES

TOTAL TIME:

10 MINUTES

Author: Christi Davis

Recipe type: Gluten Free / Dairy Free

Yield: 2-3 Servings

Chicken Ingredients:

- ½ lb. Organic Shredded Chicken Breast (from formerly made whole oven roasted chicken)
- 2 TBSP White Balsamic Vinegar
- 1 ½ TBSP Dijon Mustard
- 1 TBSP Honey
- ½ Teaspoon Garlic Powder
- ¼ Teaspoon Himalayan Sea Salt
- ¼ Cup Chopped Walnuts
- ½ Cup Chopped Celery
- 2 TBSP Chopped Onion (red recommended)
- ¼ Cup Dried Cranberries or Raisins

Instructions:

1. In a medium bowl combine vinegar, Dijon mustard, honey, garlic powder & sea salt. Mix until combined.
2. Add the chicken walnuts, celery, onion and cranberries. Stir with spoon until all combined.

Serving Suggestions: Scoop over leafy green salad, serve in a Siete brand wrap (or any gluten free wrap) with avocado, lettuce or spinach.

***Try and use all organic ingredients if possible.**

ChristiHealthCoach.com