

Coconut Chicken Wrap (Gluten Free)



PREP TIME:
5 MINUTES

TOTAL TIME:
5 MINUTES

Author: Christi Davis
Recipe type: Gluten Free / Dairy Free
Yield: 4 Servings

Ingredients:

- 1 – 1 ¼ lb. Organic Chicken Breast – *See recipe: ChristiHealthCoach.com/Fast-Baked-Chicken-Breast/*
- 4 Coconut Wraps
- 3 Cups Organic Baby Spinach
- 2 Medium Avocados
- **Optional Additions:** *Thinly Sliced Red Onion / Thinly Sliced Cucumber / Sliced Strawberries / Cabbage & Red Onion Slaw - See recipe: ChristiHealthCoach.com/red-cabbage-onion-slaw/*

Instructions:

1. Slice chicken and place in center of coconut wraps.
2. Add sliced avocado – ½ avocado to each wrap.
3. Evenly distribute baby spinach into each wrap.
4. Roll and enjoy!

***Try and use all organic ingredients if possible.**

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