

# Chicken Salad

(from previously made Whole Chicken Oven Roasted)



PREP TIME:  
10 MINUTES

COOK TIME:  
0 MINUTES

TOTAL TIME:  
10 MINUTES

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Recipe type: Gluten Free / Dairy Free

Yield: 2 Servings

## Ingredients:

- 8 oz. Organic Shredded Chicken (*from previously prepared 6 lb. whole oven roasted chicken*)
- 1/8 TSP Himalayan Sea Salt
- 1 large Celery Stalk - Chopped
- 1 ½ TBSP – Red Onion - Chopped
- 2 TBSP Vegennaise
- **Optional:** 2 TBSP Chopped Walnuts

## Instructions:

1. In medium bowl add chicken, sea salt, celery, onion and Vegennaise.
2. Mix with spoon until blended
3. Add sea salt to taste if desired.
4. **Suggestion:** Serve on leafy green salad/use in a lettuce wrap/use in a gluten free wrap with lettuce and avocado.

**\*Try and use all organic ingredients if possible.**

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