Organic Pulled Pork Tacos Recipe



PREP TIME: COOK TIME: TOTAL TIME:

10 MINUTES 8 HOURS LOW CROCKPOT MINUTES 8 HOURS 10 MINUTES

Author: Christi Davis

Recipe type: Gluten Free / Dairy Free

Yield: 8 Servings

Ingredients:

• 2.5 Pounds Organic Pork Butt or Shoulder

- 4 Garlic Cloves Diced
- ½ Large Onion (red has more flavor)- Diced
- 1 TSP Salt
- Cracked Pepper to Taste
- 1 TBSP Paprika
- 1 TSP Oregano
- 1 TSP Cumin
- 1 TSP Garlic Powder
- ½ Cup Organic Chicken Broth

Instructions:

- 1. Add all dry ingredients in small bowl. Mix until blended.
- 2. Remove Pork from Packaging trim fat where needed.
- 3. Add onion, garlic and broth to bottom of slow cooker.
- 4. Cover pork all sides with dry rub.
- 5. Place in crockpot and let cook on low for 8 hours.
- 6. Pull out pork and place in large bowl. Shred with fork.
- 7. If desired, add back in the onion and garlic by using a slotted spoon. Can add some liquid back as well.
- 8. Serve over Gluten Free tortillas.
- 9. *Topping Suggestions:* Spinach / Caramelized Onion & Red Cabbage Slaw / Sliced Avocado

*Try and use all organic ingredients if possible.

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